

SPIN

Serving People in Need

SHED Opportunities

2018-2019
Archbishop Murphy High School
Pre-Approved Organization

Sick/Traumatized

<u>Organization</u>	<u>Area</u>	<u>Contact Name</u>	<u>Phone</u>
Cancer Lifeline www.cancerlifeline.org <i>Give aid to cancer patients. 18 or older for direct service opportunities. Volunteer jobs and paperwork on website under 'giving'.</i>	Seattle	Jeanne Lamont	206-832-1273 206-297-2100
Children's Country Home www.childrenscountryhome.org <i>Activities with medically fragile children. Minimum age 16.</i>	Woodinville	Carla Arnold carla@childrenscountryhome.org	425-806-8074
Children's Hospital www.seattlechildrens.org <i>Various jobs available. No direct contact hours for 18 and under.</i>	Seattle		206-987-2155 206-987-3325
The Hoff Foundation www.hofffoundation.org Esther' Place ~ Queen It's a New Day	Everett	Ingrid Johnston	206-228-0815
Muscular Dystrophy Association Summer Camp www.mda.org <i>Camp for youth with neuromuscular diseases. Volunteer minimum age is 16. Especially need male counselors!</i>	Lake Stevens	Shelly or Sandy	206-283-2183
New and Again Thrift Shoppe (Center for Battered Women) www.snococbw.org <i>Thrift shop to raise money and provide items for battered women. Tues-Fri 10-6; Sat. 10-4.</i>	Everett	Amber McGuire	425-258-4428
Pathways for Women (YWCA) www.ywcaworks.org <i>Serving women and homework help for children. Volunteer minimum age 16. Fill out online application. It usually takes about 2 weeks to process application and background check before volunteers can begin work.</i>	Lynnwood	Kaitlin Bartik	206-490-4366 206-490-4376
Providence Hospital <i>High School Program for kids under 18. Sign up Jan-Mar each year. Program is 8-10 week commitment. Minimum age 13. Must have had chicken pox or vaccine</i>	Everett	Jeannie Sells jeannie.sells@providence.org	425-261-4584
Ronald McDonald House www.rmhcseattle.org <i>Support for families with hospitalized children. Info and application on website. Min. commitment weekly for 3 months. . Minimum age 13. Must have had chicken pox or vaccine</i>	Seattle	Judy Adams Judy@RMHCSeattle.org Eleanor Garrison	206-838-0606 206-838-0621
Stanley Stamm Summer Camp (Children's Hospital) http://www.seattlechildrens.org/clinics-programs/stanley-stamm-summer-camp/ <i>Overnight camp for children with chronic illnesses. Volunteer minimum age is 16.</i>	Wilkeson	Michele Rebert	206-987-CAMP
Swedish Edmonds Hospital http://www.swedish.org/About/SupportSwedish/Volunteer/Edmonds-campus <i>Volunteer minimum age 14. Application on website. Require</i>	Edmonds	Reagan Fisher reagan.fisher@swedish.org	425-640-4341

<i>minimum commitment of 48 hrs.</i>			
WA State Neurofibromatosis Families www.wsnfsupport.org <i>Work with children, sports events planning.</i>	Lynnwood		425-672-9610

Homeless/Poor

***Parents Please Note: Due to the nature of the work these agencies perform, parents should ensure they are comfortable with the agency and type of work before students begin their service.**

<u>Organization</u>	<u>Area</u>	<u>Contact Name</u>	<u>Phone</u>
*Blessed Sacrament Parish –Sunday Dinner http://www.blessed-sacrament.org/sundinner.html <i>Prepare and serve food to homeless, low income.</i>	Seattle	Del Catunoa sunday.dinner@hotmail.com	206-290-4754
Casino Road Futbol Academy http://futbol.casinoroad.org/ <i>Summer soccer camp for low income children, June 23-27, 2014. Minimum volunteer age 15.</i>	Everett	Applications available in May on Facebook page for Casino Road Futbol Academy.	
*Everett Gospel Mission www.egmission.org <i>Serving and preparing meals for the homeless. Volunteers under 16 need parent present. Orientation 3rd Tues. of each month.</i>	Everett	volunteer@egmission.org	425-252-1297 x234
Familias Unidas www.familiasunidaseverett.com <i>Assisting Spanish speaking families. Especially need help with back to school activities.</i>	Everett	Sophia Beltran Juanita Clifford Sandra Huber	425-513-2880 425-355-6005
Family Support Center of South Snohomish County www.lcsnw.org <i>Assisting children & families.</i>	Lynnwood	Carmen Rasmussen	425-670-8984 X 22
Family Tree Apartments <i>Tutoring, crafts, computer help for children in low income housing.</i>	Everett	Amy	425-316-0200 425-379-0774
Housing Hope www.housinghope.org <i>On-site childcare, food baskets, yard work, building houses. Org. tailors work to high school students. Volunteer minimum age 16.</i>	Everett	Jenny Cline	425-347-6556
*Interfaith Association & Family Shelter HWK Helper <i>Tutoring and activities for children of families living in shelter. Summer especially need lots of help. Email or call for interview.</i>	Everett	Marie Shimada Mshimada@interfaithwa.org	425-303-9774
*Lake City Food Bank- North Helpline Northhelpline.org <i>Volunteers 14- 16 need an adult. Sat. 9:30-1:30, Wed. 9:30-1:30, Thur 4:00-7:00.</i>	Lake City	Caleb Smith volunteers@northhelpline.org	206-367-3477
Lincoln Way Apartments <i>Tutoring, crafts, computer help for children in low income housing.</i> THROUGH MERCY HOUSING	Lynnwood	Rachel Green	425-741-9171
*Lynnwood Food Bank lynnwoodfoodbank@org <i>Please call ahead. Any volunteers under 18 need application and permission form filled out by parents.</i>	Lynnwood	Alissa lynnwoodfoodbank@comcast.net	425-745-1635
*Marysville Food Bank www.MarysvilleCommunityFB.com <i>Applications on website. Minimum age 13. Mondays 9-11, Tuesdays 3-6, Friday 9-11.</i>	Marysville	Dell Deierling marysvillefoodbank@frontier.com	360-658-1054
*Matt Talbot Center www.mtcenter.org	Seattle	Rosalyn Jackson	206-256-9865

Outpatient recovery center.			
Mill Creek Community Food Bank	Mill Creek	Maria Rodriquez Jennifer Mittendofer Jeanne Herring volunteermccfb@gmail.com	425-876-7158
*Northwest Harvest- Cherry Street Foodbank www.northwestharvest.org Volunteers under 16 need an adult. 16-17 need parent permission form. Get info and all forms on website.	Seattle	Jeri Chonle – Seattle jeri@northwestharvest.org	206-923-7456
*Operation Sack Lunch www.opsacklunch.org Meals for homeless. Minimum volunteer age is 14. Under 18 need adult and permission form. Volunteer forms available on their website.	Seattle	Krista Grimm krista@oslserves.org	206-922-2015
*Recovery Café www.recoverycafe.org Support center for those traumatized by homelessness, addiction and mental health challenges.	Seattle	Carolyn Dqugherty	206-374-8731 x130
*Roots Young Adult Shelter www.RootsInfo.org Volunteer minimum age 18, except under 18 can volunteer with adult supervision. Application available on website.	Seattle	Chelsea Stevenson volunteer@rootsinfo.org	206-632-1635
St. Joseph's House www.saintjosephshouse.org Clothing bank for those in need.	Marysville	Lenora Bruce saintjosephshouse@comcast.net	360-651-8246 Leave message.
*Stanwood Food Bank Stanwoodcamanofoodbank.org Minimum age 13. Wed & Fri 9-4:00	Stanwood	Wendy Foster wendyfoster@scfbs.org foodbankcoordinator@scfbs.org	360-629-2789
*St. Vincent de Paul Thrift Store www.snohomishsaintvincent.org Volunteer minimum age is 16. All locations approved.	Everett Lynnwood	Jim Kehoe Tracy Cuajao	425-513-6053 425-741-8468
*Snohomish Food Bank snohomishfoodbank.org 1330 Ferguson Pk. Rd, Saturday 10-2pm Under 16 need parent. Sign up online.	Snohomish	Connie and Sam Janke scfbstudents@gmail.com	
South Everett Neighborhood Center www.senc.familiasunidaseverett.com Assisting families in need. Volunteers under 15 need a permission slip.	Everett	Juanita Clifford	425-355-6005
*Teen Feed/University Street Ministry Serve meals to homeless teens. 1 st Sunday of each month—Meet at St. Thomas More in Lynnwood at 5:15pm and return at 9pm.	Seattle U District	Bob Cram suecram@msn.com	
*Youth Care (also known as Orion Center) www.youthcare.org Homeless drop-in center. Volunteer minimum age is 16. Students can organize group of 10 volunteers to prep and serve a meal. Under 18 need parent chaperone.	Seattle	Randi McKenna volunteer@youthcare.org	206-267-3076 206-694-4500
Central Lutheran Church 2702 Rockerfeller 2 nd & 4 th Sunday – 4:30 – 6:30pm	Everett	Dave Firststad condodave@aol.com	425-252-8291
First Congregational United Church of Christ 2624 Rockerfeller Thursday – 4 – 7pm	Everett	Maureen Mallay malcap@frontier.com	425-252-7224
Lord's Little Cooker Parking lot at 32 nd & Wetmore Sunday – 8 – 9am	Everett	Ian Moore Roverman2a@frontier.com	425-268-9584
First Baptist Church 1616 Pacific Ave Friday 0 4:30 – 7pm	Everett	Alice Fatzinger afatzinger@frontier.com	425-259-9166

First Presbyterian Church 2936 Rockerfeller Wednesday – 5 – 6:30pm	Everett	Allen Dorway dorway@firstpreschurch.com	425-259-7139
Youth Migrant Project <i>Week-long camp assisting migrant worker families.</i>	Burlington	Through participating parishes	

Elderly

<u>Organization</u>	<u>Area</u>	<u>Contact Name</u>	<u>Phone</u>
Aegis Inn <i>Nursing and retirement home. Croquet and bingo helpers needed. Under 16 need parental permission form</i>	Lynnwood	Sue	425-712-9999
Bethany of the Northwest www.bethanynw.org <i>Senior nursing home. Need people to visit residents, do crafts, play bingo and gardening. Complete an application. (Please leave phone message and speak clearly and slowly.)</i>	Everett	Karen Davis Karen@bethanynw.org	425-338-3000 425-341-2138
CCS Volunteer Chore Service (Catholic Community Service) <i>Chore service for those in need; especially yard work, housecleaning, painting. Application needed. Under 16 need adult supervision.</i>	Various	Jim Magat – JimM@ccsww.org Christina – ChristinaR@ccsww.org	425-257-2111
Edmonds Senior Center www.scscedmonds.org <i>Senior activity center. M-F 8:30-4:30. Some evening events also.</i>	Edmonds	Ask for office when phoning	425-774-5555
Emeritus Assisted Living <i>Senior assisted living. Background check before orientation. Minimum age 18 and need WA state food handler license.</i>	Everett-Silver Lake Everett- Seabrook Lynnwood Snohomish	Mary Williams Rene' Questad Karen Dean Melissa Childers	425-338-3227 425-347-0372 425-771-7700 360-568-1900
Full Life Care, formerly (Elderhealth Northwest) www.fulllifecare.org <i>Adult day center for seniors and disabled. Volunteer minimum age 14. Summer work. Volunteer makes a commitment for 3 months or 10 weeks/working a min of 2 hours each wk. Center is open 9am to 5pm daily. Volunteer form is online.</i>	Everett	Lindsey Ismailova	206-224-3764
Josephine Sunset Home <i>Senior assisted living. Volunteer minimum age 16. Need application and background check.</i>	Stanwood	Kathy Warrick	360-629-2126
Stanwood Senior Center www.stanwoodseniorcenter.org <i>Retirement home and thrift store. Volunteer minimum age 16. Application available online.</i>	Stanwood	Kathy Ahern	360-629-7403
Sunrise View Retirement & Rehab <i>Retirement home. Share a talent, a story, play a game.</i>	Everett	Rhonda Grinde RGrinde@sunriseview.org	425-356-2107 – please email requests!!!!
Sunrise Assisted Living <i>Senior assisted living. Activities with seniors, arts, crafts, scrapbooking, bingo, reading. Volunteers under 16 need parental written consent.</i>	Edmonds	Rochelle Gunn	425-673-9700 x3858

Disabled

<u>Organization</u>	<u>Area</u>	<u>Contact Name</u>	<u>Phone</u>
Camp ACCESS <i>Camp for youth with physical disabilities in July, able to serve up to 30 hours.</i>	Snohomish	Melissa Barrett	
Camp Agape Northwest www.camp-agape.org <i>Camp for youth cancer patients in July. Volunteer minimum age 15.</i>	Gig Harbor	Lauren Phillips	208-721-2312

Camp Patterson <i>Summer activity camp for disabled children. Volunteer minimum age 14. Contact in May. Minimum commitment is two weeks.</i>	Everett	Jane Lewis jlewis@ci.everett.wa.us	425-257-8369
Camp PROV <i>Providence Hospital camp for youth patients July-Aug. Volunteer minimum age 14. Each volunteer works 1 week. Apply April-May. Register early, fills up quickly.</i>	Everett	Jeannie Sells Jeannie.sells@providence.org	425-261-4584
CanBikeSeattle-Lose the Wheels Bike Camp www.CanBikeSeattle.com <i>Teach individuals with disabilities to ride two wheel bikes for confidence and independence.</i>	Seattle	Betsy Geib Check this one out	
L'arche- Noah Sealth of Seattle www.larcheseattle.org <i>Community for developmentally disabled adults. Activities with residents, chores and yardwork. Volunteer minimum age 16. Need background check and 2 references.</i>	Seattle Capital Hill area	Anna Kuzobova	206-329-9320
M-Bar-C-Ranch www.M-Bar-C.org <i>Day program for children with special needs. Volunteer minimum age is 14. Summer only on Whidbey Is. Apps. Due May 1.</i>	Freeland	Dale Kerslake admin@m-bar-c.org	360-331-6019
Miracle League www.MonroeMiracles.org <i>Activities for children with special needs: basketball, swimming, cooking and art classes.</i>	Monroe	Jody Rose	360-805-1879 360-804-2175
Northwest's Child www.northwestschild.org <i>Activities for children with special needs. Minimum age 16 years.</i>	Edmonds	Taylor Manlangit taylor@northwestschild.org	425-431-4930
OUTDOORSFORALL www.outdoorsforall.org <i>Outdoor activities for children with disabilities. Summer: hiking, cycling, rafting, rockclimbing; winter: skiing, snowboarding, showshoing. Volunteer minimum age 16, but have opportunity for 13-15 year old "cadet counselors". Note: ski program requires 20-30 training hours- discuss with Campus Ministry if any training may count towards SPIN hours.)</i>	Various	outdoorsforall.org to volunteer: volunteer@outdoorsforall.org	206-838-6030 x 208
Push International www.pushinternational.org <i>Provide mobility devices to those in need internationally. Direct service involves trip to Mexico.</i>	Woodinville	Jeff Lair	206-730-3236 or 1-866-702-7874
Sherwood Center www.sherwoodcs.org <i>Learning center "Play Buddy" for child with disabilities. Volunteers under 16 need an adult.</i>	Lake Stevens	Joy Panks	425-334-4071
Special Olympics www.sowa.org <i>Athletics for people with special needs. View the events calendar e.g. summer golf & softball, Oct. bowling in Lynnwood and Feb. basketball in Stanwood. Under 15 need parent supervision.</i>	Various	Elise Tinseth etinseth@sowa.org Madison Goverde NW Region Manager mgoverde@sowa.org	206-681-9377
TOPSoccer www.topsoccer.us <i>Soccer for children with special needs fall and late spring.</i>	Snohomish	Linda Kautz Ljkoatr@aol.com	425-330-3853 Email is best contact
Work Opportunities www.workopportunities.org <i>Assist people with disabilities find jobs. Volunteer minimum age 16.</i>	Lynnwood	Marti Thomas	425-778-2156

NON-SHED Opportunities

Youth Organizations

<u>Organization</u>	<u>Area</u>	<u>Contact Name</u>	<u>Phone</u>
Big Brothers Big Sisters www.bbbs-snoco.org <i>Mentoring youth. Requires commitment 1 hour/week entire school year. Traumatized</i>	Everett	Keri Moore	425-304-1576 X 1575
Boys and Girls Club www.bgca.org <i>All locations are pre-approved. For all locations, addresses, phone #'s... go to www.bgca.org/clubs</i>	Alderwood Edmonds Everett-Cascade Everett- 12 th St. Everett- Casino Marysville Mukilteo Snohomish Tulalip	Paul Keen pkeen@bgcsc.org Jodie Hevelone Andie Allred aallred@bgcsc.org Jacob Marsh Matt Evans Chuck Davis/Alex Johnson Chelsea Saunders Diane Prouty dprouty@bgcsc.org	425-774-3022 425-774-0630 425-267-9526 425-259-5147 425-355-6899 360-659-2576 425- 355-2773 360-568-7760 360-651-3400
Hangtime at Kellogg Middle School <i>After school tutoring and activities. Volunteers minimum age is 15.</i>	Shoreline	Morgan Moor	206-393-1997
New and Again Thrift Shoppe (Center for Battered Women) www.snococbw.org <i>Thrift shop to raise money and provide items for battered women. Volunteer minimum age 16. Must have background check. Tues-Fri 10-6; Sat. 10-4.</i>	Everett	Amber McGuire	425-258-4428
Study Zone at King County Libraries www.kcls.org/studyzone <i>Tutoring youth.</i>	Shoreline	Annie Poyener	425-369-3312
CYO Athletics Seattlearchdiocese.org		Tauno Latvala	206-654-4643
Volunteers of America ECEAP www.voaww.org Fill out app. on-line. <i>Early childhood education, teaching assistant. Under 16 need parent supervision.</i>	Everett	Katie Prettyman	425-259-3191
YMCA (All locations) www.ymca.net	Everett Mill Creek Marysville Monroe Mukilteo	Amanda Knight Jamie Williams	425-258-9211 425-337-0123 360-653-9622 360-804-2175 425-353-9622

Local Parishes

All parishes are pre-approved.

(Please note: all fundraisers are considered non-SHED service.)

<u>Organization</u>	<u>Area</u>	<u>Contact Name</u>	<u>Phone</u>
Holy Rosary	Edmonds		425-778-3122
Immaculate Conception/Our Lady of Perpetual Help	Everett	Tony Guidotti tony@ic-olph.org	425-349-7014
St. Brendan	Bothell	Andrea King andreak@saintbrendan.org	425-483-9400

St. Cecilia	Stanwood	Diana Dunsire stceciliapaym@gmail.com	360-629-3737
St. Elizabeth Ann Seton	Bothell		425-481-0303 425-481-9358
St. Hubert	Langley		360-221-5383
St. Luke	Shoreline	Amy Nash Amynestlukecp.org	206-546-2451
St. Mark	Shoreline	Parish: stmarkoffice@gmail.com School: Mrs. Kathryn Palmquist-Keck Email: principal@stmss.org	206-364-7900 206-364-1633
St. Mary	Marysville	Amy Traugott amy@stmary-stanne.org	360-653-9400
St. Mary Magdalen	Everett	Brian Schafer bschafer@smparish.org	425-353-1211
St. Mary of the Valley	Monroe	Kathy King	360-794-8945
St. Matthew	Seattle	Jean Cooney	206-363-6767
St. Michael	Snohomish	Kelsie Smattingly	360-568-9660
St. Pius X	Mountlake Terrace	Margarita Gallo magaritastpius@frontier.com	425-775-7545
St. Teresa of Calcutta	Woodinville	Mary Williams mary@saintteresacalcutta.org	
St. Thomas More	Lynnwood	Becky Harmon rebeccah@stmp.org youth@stmp.org	425-743-2929