
College Information Session (Fall 2021-2022)



Items for a great meeting:

- All materials will be posted to the AMHS Counseling website
- We will have time for questions at the end of each section.
- If you have any questions that go unanswered, please reach out to your student's counselor.

AMHS Counseling Department



Mrs. Sinex (A-G)



Mrs. Hippe (H-M)



Mr. Stringfellow (N-Z)



Mr. Munchak
Counseling Assistant & College
Visit Coordinator

Meeting Agenda

- Ty Eisbach presentation
- AMHS Resources
- Testing
- NCAA/Armed Forces
- Senior Meeting
- Application Types & Deadlines
- Personal Statements/Essays
- Next Steps

Where to find important AMHS Counseling info...

- AMHS Website: am-hs.org
- Naviance: Each student has an individual account. If your student has not activated their account and would like to, please contact their counselor.
- Moodle
- AMHS Calendar
- AMHS Announcements
- Student Scratching Post & Instagram

Standardized Testing- SAT/ACT

- The majority of college/universities have moved to “test-optional”. We will continue to monitor this. However, we recommend students research their specific schools & programs to ensure test scores are not required.
- We have recommended that if a student is able to attend a test date, please do so. Students control where/if their test scores are sent.
- October 13- AMHS SAT for seniors - (\$55, please email smunchak@am-hs.org to register)

NCAA & Military/Armed Forces

- If you are hoping to be recruited and play your sport in college, you will need to create an account and register with the NCAA Eligibility Center.

<https://web3.ncaa.org/ecwr3/>

- Please be sure to notify your counselor, if this is a part of your plan.
- If you are interested in ROTC programs or the Armed Forces, please be sure to mention this in your Senior Meeting with your counselor.

Senior Meeting

- Senior Meetings- seniors are responsible for contacting their counselor
- Before school, during lunches or after school.
- Purpose of meeting: Establish a plan for the college application process and determine who is responsible for what actions.
 - Any credits still needed?
 - College application list- type of app, deadline, letters of rec needed?
 - Letters of rec requested
 - Parents are welcome to attend but not required.
 - Follow-up email sent with meeting notes.

Ways to Apply

- Directly through the institution. Most commonly used for public institutions. (ex. WSU.) You go to the school's website and apply there.
- The Common Application- One application, utilized by over 500 institutions. General information is completed once and then additional supplemental pieces for each school.
 - <https://www.commonapp.org/>
- The Coalition Application- Primarily used for UW.
 - <https://www.coalitionforcollegeaccess.org/>

Types of Deadlines

- Rolling- Ongoing
- Regular Decision
- Early Action- Apply earlier, typically hear back earlier.
- Early Decision- Binding. If you are accepted...you MUST attend.
- Priority

College Essay/Personal Statements

- Majority of applications will ask for an essay/personal statement
 - These usually ask about a challenge or obstacle that was overcome
 - This is not a place to talk about how COVID impacted you, there will be a separate section for that statement.
- Use this opportunity to show other aspects of yourself that is not apparent in the rest of your application
- Tell a story, share something unique, find a way to capture your audience
- Have someone edit your essay/personal statement
- REMEMBER: Admissions Counselors read thousands of these...make yours stand out!

Resources

Common Application: <https://www.commonapp.org/>

Coalition Application: <https://www.coalitionforcollegeaccess.org/>

Scholarships

- <https://washboard.wsac.wa.gov/login.aspx>
- <https://www.fastweb.com/>
- *Financial Aid websites of the schools you apply to.*

Upcoming Items

October 21 @ 2:45 PM- Cal State application workshop (virtual)

(Tentatively) October 6- UW Coalition application workshop