



WELCOME

“

“When you wake up in the morning, Pooh,” said Piglet at last, “what’s the first thing you say to yourself?”

“What’s for breakfast?” said Pooh. “What do you say, Piglet?”

“I say, I wonder what’s going to happen exciting today?” said Piglet.

Pooh nodded thoughtfully. “It’s the same thing,” he said.”

-A.A.

”

DEAR ARCHBISHOP MURPHY HIGH SCHOOL FAMILIES,

Dear Archbishop Murphy High School families,

I hope you and your loved ones are enjoying a restful and rejuvenating summer.

As we approach the later stages of summer, many of us experience a range of emotions and excitement for the first day of school. Think back to the pictures we took as parents of our children on the front porch or outside of their school house. My children are now young adults and those moments are treasured photographs and memories. I often share with our AMHS parents how quickly these four years of high school will pass and to truly take the time to enjoy the high school experience with their student.

Thirty-five years ago, I was a high school junior at Gonzaga Prep in Spokane. At the time, GPrep was celebrating the school’s 100th anniversary and honoring their long history. On the other side of the state in downtown Everett, Holy Cross High School was opening its doors for the first time on the campus of Our Lady of Perpetual Help.

Holy Cross relocated to our current campus in 1999 and was renamed in honor of Archbishop Thomas J. Murphy who was a committed supporter and advocate of Holy Cross prior to his passing in 1997. This year as we celebrate 35 years of Catholic secondary education in Snohomish County; we give thanks to the families who founded the school and all of our alumni students and parents and grandparents who have continued our mission and the charism of Archbishop Thomas J. Murphy that “In Christ there is joy and hope.”

Every family has its own way of preparing for the first day of school. I’m sure I’ll have butterflies in my stomach, as I do every year. In addition, I know that morning I’ll say, “What’s going to happen exciting today?”

Thank you for allowing us to share these exciting and formative years with your children as we partner with you to prepare our students to become Christlike leaders for the transformation of the world. This summer mailing will provide resources for you and your family as we begin the school year. If you would like to find ways to get involved in our community, please reach out to me or Denise Jannusch in our Development office. Throughout the Fall, I invite you to email me and schedule time to visit on a day and time convenient for you where we can meet on campus. We look forward to seeing you soon!

God bless you and your family this year.

Peace,

Steve Schmutz

President, AMHS

sschmutz@am-hs.org

FIRST DAY OF SCHOOL SCHEDULE

TUESDAY, AUGUST 29, 2023

8:00 AM - 11:05 AM WELCOME BACK WILDCATS!

OPENING ASSEMBLY IN THE GYM

ROTATIONS IN GRADE LEVEL GROUPS FOR ORIENTATION ACTIVITIES

LUNCH/CONVOCATION: 11:05 AM - 12:15 PM

	SENIORS	JUNIORS	SOPHOMORES	FRESHMEN
11:05 AM - 11:35 AM	Chapel	Lunch	Chapel	Lunch
11:45 AM - 12:15 PM	Lunch	Chapel	Lunch	Chapel

CLASSROOM ROTATIONS 12:20 PM - 2:35 PM

1st Period	12:20 PM - 12:35 PM
2nd Period	12:40 PM - 12:55 PM
3rd Period	1:00 PM - 1:15 PM
4th Period	1:20 PM - 1:35 PM
5th Period	1:40 PM - 1:55 PM
7th Period	2:00 PM - 2:15 PM
8th Period	2:20 PM - 2:35 PM

ARCHBISHOP MURPHY HIGH SCHOOL

2023-2024 SCHOOL SUPPLY LIST

GENERAL SUPPLIES

- Laptop/tablet that allows internet access and word processing
 - Note: Students may check out a Chromebook for the year from AMHS
 - Pens (blue & black) & pencils (must have in every class)
 - Loose leaf college-rule notebook paper (at least 100 sheets per class)
 - Preferred organizational tools (e.g., binder, expandable file, etc.)
- **Please note that there may be other supplies and fees as determined by the instructor that are not on this list.

BIOLOGY - ABDUL

- 1.5 to 2.0 inch binder for biology with 5 dividers
- Colored pencils, ruler, scissors, highlighter
- \$2.00 Quad-ruled notebook (Teacher will have available for purchase)
- Four function scientific calculator example: TI-30X IIS

AP BIOLOGY

- 100 page spiral notebook
- Colored pencils, red, blue/black pens
- \$2.00 Quad-ruled notebook (Teacher will have available for purchase)
- Calculator, ruler

CHEMISTRY - ANDERSON

- 3 Ring binder 1" with dividers
- \$2.00 Quad-ruled notebook (Teacher will have available for purchase)
- Scientific calculator

CONCEPTUAL PHYSICS - WIER

- Calculator (must have EE, square root, and tan functions)
- Three ring binder with dividers
- \$2.00 Quad-ruled notebook (Teacher will have available for purchase)
- Ruler

PHYSICS, AP PHYSICS - SNOOK

- Notebook - just for Physics
- TI-84 Plus or equivalent graphing calculator
- Loose leaf lined paper and graphing paper
- Transparent ruler, set of colored pencils, and a pair of scissors
- Several dry erase markers
- Pivot Interactives - \$10, instructions will be given in class

HUMAN BODY SYSTEMS - ABDUL

- \$2.00 Quad-ruled notebook (Teacher will have available for purchase)
- Colored pencils
- Three ring binder with dividers
- Calculator

HEALTH STUDIES PROGRAM CLASSES (HEALTH/IT, PBS, HBS, MI) - WIER

- \$2.00 Quad-ruled notebook (Teacher will have available for purchase)
- Colored pencils
- Three Ring Binder
- Calculator

CLIMATE SCIENCE - KIRIMA

- Clear Ruler

ENVIRONMENTAL SCIENCE

- \$2.00 Quad-ruled notebook (Teacher will have available for purchase)

ENGLISH 9 & 9H

- Composition notebook

ENGLISH 10, 12, 12H - WRIGHT

- 1- Spiral bound notebook
- 3 highlighters

ENGLISH 10/10H - WALKER

- 3 ring binder-exclusively for English with dividers
- Index cards, lined paper
- Folder
- Pens
- Notebook
- 3 different colored highlighters

ENGLISH 9, 9H, AP LIT - MULLEN

- Composition notebook
- Folder or binder for handouts
- Highlighter

ENGLISH 11 & AP LANGUAGE & COMP CAMPBELL

- Three ring binder with dividers to be used exclusively for English class
- 100-page spiral notebook
- Plastic portfolio to keep all written work in
- Red pens and highlighters
- Small sticky notes (for annotations)
- Loose leaf paper to last the whole year
- Lots of blue and/or black pens

ACADEMIC RESOURCE CENTER (ARC)

- 1 pkg. of index cards (3x5)
- 1 pkg. of 5 binder dividers
- 1" binder with protective cover
- 1 pkg. of pencils (#2)
- 1 pkg. of correction pens (pink, purple, red, green)(not blue or black)
- 1 pkg. of blue or black ink pens

9/10 ARC & 11/12 ARC & MODIFIED ENGLISH

- 3-6 highlighters of different colors
- Sticky notes - preferably 3 different colors
- Binder just for English with 5 dividers, pencil pouch, notebook paper
- Headphones/earbuds

THEOLOGY DEPARTMENT

- 3-Ring binder (recommended for 9th & 10th)
- Spiral Notebook
- Pens

THEOLOGY 10

- Spiral Notebook

THEOLOGY 11

- 2 spiral or composition Notebooks
- 3 ring binder (any size)
- Loose-leaf college-ruled paper

FRENCH CLASSES

- Red pen
- 2 packages of index cards (3x5)
- Composition notebook (9" X 7") (for French class use only)
- French-English dictionary

ARCHBISHOP MURPHY HIGH SCHOOL

2023-2024 SCHOOL SUPPLY LIST

SPANISH CLASSES

- Composition notebook (for Spanish class use only)
- A binder section or a 1" three ring binder
- Red pen (don't forget your blue or black pen, too)
- 2 1/2 x 3" note cards for flash cards

DRAWING & PAINTING

- Two pocket folder with 3 fasteners (brads) w/college ruled paper for notes

PE/HEALTH

- Three ring binder with supply of loose leaf paper and dividers
- 1 package of index cards (3x5)
- Spiral notebook, pencils, pens (red, black or blue ink)
- 3 - Shirt combo (\$15) - See instructor

STRENGTH & CONDITIONING

- \$50 Annual Program Fee - See instructor for 3-shirt combo info

GUITAR CLASS

- 3-ring binder with at least 10 clear plastic sheet protectors

TECH 115

- 1" - 3 ring binder or divider in a bigger binder to keep classwork/homework
- Red correction pen

AP ECONOMICS

- 3 ring binder 1-1 1/2" with dividers
- Graphing paper spiral notebook

US HISTORY

- College ruled paper spiral notebook
- Colored highlighters
- 1 - 1 1/2" 3 ring binder

AP US HISTORY

- 3-ring binder 1 1/2" with dividers

AP GOVERNMENT & POLITICS

- 3-ring binder 1 1/2" with dividers
- Copy of U.S. Constitution

SENIOR SOCIAL STUDIES

- 3 ring binder 1 1/2" with dividers especially for this course
- Loose leaf notebook paper

SENIOR SOCIAL STUDIES - MCLAUGHLIN

- 3 ring binder 1 1/2" with dividers especially for this course
- Loose leaf notebook paper
- 80-page college rule spiral notebook

AP WORLD HISTORY - SCHMIDT

- 3-4" ring binder with dividers especially for this course
- Note cards
- Colored Pencils
- Highlighters
-

WORLD HISTORY - SCHMIDT

- 2" ring binder with dividers especially for this course
- Note cards
- Colored Pencils
- Highlighters

MATH - ALL CLASSES

- TI-84 graphing calculator
- 1 pkg. of pencils (#2)

ALGEBRA 1 -

- Notebook/Folder for Algebra 1 only
- TI-84 Plus or equivalent graphing calculator
- Loose leaf lined paper and graphing paper
- Pencil and erasers
- Colored pencils

ALGEBRA 2 & ALGEBRA/TRIG - HARMON

- Graph paper

GEOMETRY - HARMON

- White board pens (3-5)

INTRODUCTION TO BUSINESS -

- 3-ring binder (1.5-2") for notes and classwork (dividers optional)
- Spiral notebook (at least 70 sheets)
- Square Team App download on mobile device (further instructions provided in class - free download)
- Business professional outfit for DECA Area Competition (Further instruction provided in class)
- \$10 for WA State Food Handlers Permit (Further instruction provided in class)
- \$45 DECA Dues

MARKETING & MANAGEMENT -

- Highlighters
- Editing pen (any color other than blue and black)
- Spiral notebook (at least 70 pages)
- 3-ring binder (1.5-2") for semester portfolio
- 10 binder dividers
- \$45 DECA Dues

FUTURE READY -

- Editing pen (any color other than blue and black)
- Spiral notebook (at least 70 pages)



LINK

GREETINGS CLASS OF 2027!!

We trust your summer is going well and you are finding time to have fun! We hope you are getting excited about your high school career at Archbishop Murphy High School. LINK Day is our freshmen welcome to AMHS! The LINK Crew has been busy planning for the new school year and one of the most important events we are preparing for is **Freshman Welcome**. We hope you will take advantage of this great opportunity to get a jump on the start of a great school year.

LINK Day is a day designed by our LINK Crew to help our incoming freshmen get to know one another, meet some of our student leaders and get acquainted with your new school. Seniors will be serving as leaders and mentors to the freshmen. You can expect to participate in large and small group activities, which are designed to address students' needs and concerns in a fun and exciting manner. Wear comfortable clothing as we will be moving about and engaging in community building activities all day! This year we will also be hosting transfer students at LINK Day.

LINK Day is scheduled for Friday, August 18th, 2023 from 1:00 pm to 7:00 pm with New Family Dinner beginning at 5:00 pm. You should plan on gathering in the gym a few minutes before 1:00 pm. The only thing you need is a great attitude. We will be providing dinner and plenty of snacks!

Parents are encouraged to attend the New Family Dinner. You will learn more about what to expect at AMHS as well as enjoy some fellowship with other new families.

The first official day of school is on Tuesday, August 29, 2023 This is a full day of school for freshmen (8:00 am - 2:35 pm).

You should be receiving a phone call the week of orientation from one of our upperclassmen who will be your LINK leader. They will be able to answer any of your questions about our school and what you can expect at the beginning of the year. If you still need more information, please do not hesitate to contact either of us at Archbishop Murphy High School.

Again, enjoy the rest of your summer vacation. We look forward to seeing you on the 18th!

God Bless,

Ms. Alix Ericksen

Director of LINK

aericksen@am-hs.org



NEW FACES

JOE CRONIN, Director of Advancement: Joe joined AMHS on July 1 but had been working on projects for a few months leading to his first official day. Joe began his career in education as a teacher and coach at Lake Stevens High School and later at Cascade High School and O'Dea High School. He received his BA degree with a major in economics and minor in political science from Santa Clara University, and his masters in education from Pacific Lutheran University. Joe will lead the AMHS Football team as the Varsity Head Coach and in his role of Director of Advancement he will work closely with our Development and Admissions offices, focusing on student enrollment and on school fundraising.

DAVID JOHNS, Math Teacher: David joins AMHS following teaching experiences at La Jolla Country Day School in La Jolla, CA, the Seattle Country Day School, and the Seattle Academy of Arts and Science (SAAS). He attended Loyola High School in Los Angeles and received his BA in applied mathematics from the University of California at San Diego. He completed his masters of education at Washington State University. David has extensive experience teaching middle school and high school mathematics and computer science. He will teach Algebra, AP Statistics, and Multivariable Calculus as a member of the Math department.

MICHAEL JOHNSON, Athletic Trainer: Michael is moving to the Everett area and joining AMHS following athletic training experiences at clinics and universities in Texas. He received his BA in kinesiology from Washington State University and his master of athletic training from Texas Tech University. He is a certified and licensed athletic trainer and will work closely with our athletic office to serve all AMHS students and student athletes.

DAWN LESNIAK, Academic Resource Center and Math Teacher: Dawn joins AMHS following a career teaching 5th and 6th grade at St. Mary Magdalen Parish School. She received her BA in psychology and her teaching certification from Gonzaga University and has taught math, science, history, and religion at SMM. While at SMM, Dawn has been involved with their STEM program and science fair, student leadership, and the school community service program. She joins the Academic Resource Center where she will teach academic support classes and will teach Geometry and Algebra as a member of the Math department.

GIANNA RULE '20, STUDENT SERVICES: Gianna joins the AMHS Student Services office and is serving as an assistant coach on the Wildcat Cheer team. Following her graduation from AMHS, Gianna earned her BA in Behavioral Health Science from Grand Canyon University and is now pursuing a Masters degree in Social Work. In her role at AMHS Gianna will oversee the attendance office and support Dean of Students Sarah Pedersen with the dispersal of student lockers and parking assignments.

ANGELA STONE, BUSINESS PATHWAY PROGRAM DIRECTOR, DECA TEACHER: Angela joins AMHS following a career which includes experiences with Microsoft, The Boeing Company, and Marriott. She has served as a Career and Technical Educator (CTE) with the Northshore, Riverview, and Monroe School Districts. Angela received her BA in Business Administration from the University of Washington and

her Masters degree in Management and Leadership from Western Governors University. She has extensive experience with DECA and Future Business Leaders of America (FBLA) having previously served as the Nevada DECA State Director and Executive Director of Oklahoma FBLA.

Angela will teach courses in the Business Pathways program, serve as the program director, DECA advisor, and supervise the DECA student store.

JOHN DOTY, SCIENCE TEACHER: John comes to AMHS from the Yellow Wood Academy where he has served as faculty coordinator, science department head, and a member of the faculty. He also taught at the Arts and Academics Academy in the Highline School District. John received his BS in Biochemistry from the University of Washington and his Masters in Teaching from Seattle University. He has experience teaching math and science and will join the science department where he will teach Conceptual Physics, and AP Biology.



DEVELOPMENT EVENTS



RAFFLE BENEFITING THE DREAM AUCTION AND ATHLETICS

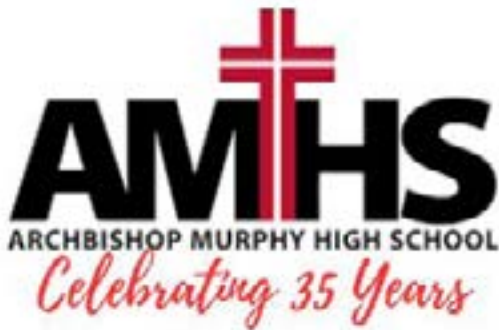
Get your parent hours done NOW! Sell a book of 10 raffle tickets (\$20 each) and receive 10 hours! For each booklet of 10 tickets sold, you will be entered into a drawing for two \$500 Costco gift cards. Pick up your ticket packets at the front desk.



AMHS ATHLETICS GOLF TOURNAMENT

September 18, 2023

Echo Falls Golf Club



35TH ANNIVERSARY FIESTA

September 23, 2023

AMHS



HOMECOMING

September 29, 2023

AMHS Terry Ennis Stadium



DEVELOPMENT EVENTS



IN-PERSON/ONLINE DREAM AUCTION

November 15-19, 2023: Online

November 17, 2023: In-Person

Angel of the Winds Arena



WILDCAT WINE TOUR

May 4, 2024

Woodinville



STAR BREAKFAST & GRANDPARENT/ GODPARENT DAY

May 9, 2024

Funds AMHS' Tuition Assistance Program



BUSINESS PARTNER GIVEBACK PROGRAM

AMHS BUSINESS PARTNERSHIP PROGRAM

Archbishop Murphy High School is a regional school, attracting families from Snohomish, King, and Skagit counties. With an enrollment of over 450 students AMHS families come from almost 40 zip codes representing King, Snohomish and Skagit Counties. AMHS is a member of the Wesco athletic league where our students participate in athletics and co-curricular activities with schools in Edmonds, Lynnwood, Everett, Duvall, Snohomish, Shoreline, Mountlake Terrace, Marysville, and Arlington. This regional school environment creates an excellent opportunity for business visibility and partnership.

When businesses partner with AMHS, they are supporting a nonprofit in their community and directly impacting our students and programs. Business partnership helps fund unique programs at AMHS such as our Health Studies pathway program in partnership with Providence Health and Services and our Wellness program, which focuses on the mental, physical, and emotional health of our students and adults. In turn, AMHS brings visibility to those companies through recognition across different events and mediums celebrating them throughout our school community and encouraging our families to support their business. We have increased promotion and visibility for our partners including:

- Business table at Curriculum Night in September.
- Enhanced presence on our website with a hyperlink to the company website.
- Scoreboard and/or fence line and gymnasium banners.
- Partner features and promotions in our weekly school bulletin.
- Presence and promotions in the alumni newsletter.
- Front office promotion, athletic program promotion, performing arts programs.
- Slideshow and verbal recognition at our fundraising events (auction, STAR breakfast).
- Game announcements (football and basketball) by the public address announcer.

Please review the various levels of support your employer may choose from, and the range of visibility your company will receive from your partnership with AMHS. The gift of sponsorship means an investment in the future leaders of our community. Please contact us at your convenience. We will follow up with you in the coming weeks.

Sincerely,

Steve Schmutz,
President, AMHS

sschmutz@am-hs.org

Denise Jannusch,
Development Manager/Special Events

djannusch@am-hs.org



DREAM AUCTION

DEAR FAMILY AND FRIENDS OF AMHS,

We hope this letter finds you and your loved ones well. The 2023-2024 school year will officially begin on August 29 and we are excited to welcome new and returning families as we celebrate the 35th Anniversary of the opening of our school. We look forward to hosting our November 17, 2023 DREAM auction this year at the Angel of the Winds Arena in Everett which will include a dinner program, a wide array of live items and select silent items along with an online auction. Those attending in person will be able to bid on the live items, the online items, and support the Fund A Need.

The Fund a Need this year will focus on classroom and campus updates for our students and teachers. As AMHS celebrates 35 years as the premiere Catholic High School in Snohomish County, we are in critical need of upgrades to our classrooms to give our students the best possible experience. While our creative and talented faculty already deliver high-quality instruction grounded in 21st-century learning skills, our furniture and aesthetics remain stuck in the past. We want our classroom environments to communicate the tremendous depth of care and engaging curriculum that differentiates AMHS from other schools. Students deserve a modernized physical classroom environment to honor their high-level work, and prioritize teamwork, collaboration, and integration of technology.

We are asking for meaningful donations of any kind for our silent and live auctions. We welcome gift cards, tangible items or one-of-a-kind adventures. Gift certificates must be valid for one year from the date of the event. Our current families can count the value of their donation to the auction towards their parent service hour requirement (20 hours valued at \$20 per hour=\$400).

The donation deadline for the event is October 13, 2023.

AUCTION BUSINESS PARTNERSHIP

For those of you interested in being an auction sponsor, the DREAM Auction celebration offers your business a unique opportunity to support the community and receive exposure from a large and engaged group of consumers. Your support will not only help us continue to provide an outstanding education for our students, it provides your business with marketing exposure to the hundreds of in-person and virtual attendees and the families of AMHS. **If you are interested in helping to underwrite our event as a premier business partner, please contact our Development Office at development@am-hs.org or (425) 385-3405 and ask for Denise Jannusch.**

Archbishop Murphy High School is a college preparatory high school in Everett, Washington with students in 9th – 12th grade and serves families from the surrounding communities of Mill Creek, Seattle, Bothell, Edmonds, Woodinville, Lynnwood, Kenmore, Kirkland, Monroe, Marysville, Stanwood, Snohomish, Mukilteo and Whidbey Island.

Your contribution makes a tremendous difference in the quality of our students' education as the DREAM

Auction helps fund the school's educational and co-curricular programs. Archbishop Murphy High School currently has a 100% graduation rate and 100% college acceptance rate – the highest in Snohomish County. Our families appreciate the support of businesses like yours. In return for your corporate stewardship, your company will be featured in our DREAM Auction newsletters, on our school website with links to your company website, and in print in the Auction catalog.

Archbishop Murphy is IRS status 501 (c)(3) and the determination letter confirming status can be submitted if requested. Donations may be sent directly to Archbishop Murphy High School, "Attention 2023 DREAM Auction Committee." Please contact us at development@am-hs.org or (425) 385-3405 and ask for Denise Jannusch with any questions or for donation pickup. Archbishop Murphy High School Washington State Charitable Solicitations Registration number is 3333 and the federal tax ID number is 91-1172031.

Thank you in advance for considering a donation and contributing to our 2023 DREAM Auction.

Sincerely,



Steve Schmutz,
President, AMHS
sschmutz@am-hs.org



Denise Jannusch,
Development Manager/Special Events
djannusch@am-hs.org



SCRIP

Through our SCRIP Program, families can purchase gift cards at full face value and use them for everyday shopping. AMHS pays for these cards at a reduced cost, generally between 90-98% of the face value, and the difference is the rebate given back to the school. This rebate percentage will count toward your family obligation.

HOW DO I ORDER SCRIP?

We are participating in the www.raiseright.com program. All you need is an email address and Archbishop Murphy's enrollment code: **26948D954966**. You can sign up through the website or the RaiseRight mobile app (The website has a lot of useful information about how the program works).

HOW DO I PAY FOR SCRIP?

THERE ARE THREE DIFFERENT PAYMENT OPTIONS:

1. The most convenient way to pay is by linking your bank account. You can link to your bank account/debit card and for a 29 cent per transaction fee, you can buy any eGift cards or reload funds onto many plastic cards almost instantly (see additional reload information for details). You also skip the hassle of writing checks.
2. You can pay by credit card (Visa, Mastercard or Discover). There's a 2.6% fee per transaction. This gives you the same instant purchase options as linking your bank account.
3. You can pay by check. Make checks payable to **AMHS SCRIP**. Please have your family name on the check, especially if you are submitting multiple checks and/or checks from family or friends.
 - Please have your check turned into the front office by 8am on Monday of the order week.
 - Please write your order # on the check.
 - You will need to wait for eGift card or reload orders to be released by the scrip team if you use this payment method.

ORDER DATES FOR 2023-2024 SCHOOL YEAR

- September 11, 2023
- November 3, 2023
- December 4, 2023 (to allow for weather related delays)
- February 12, 2024
- May 13, 2024

Your scrip gift cards will be available for pick-up from the front office on Thursday of the order week, after 12pm. Please re-use the envelopes to send in payment (if you are paying by check). If you use an online payment method, simply return the empty envelopes to the front office to be reused throughout the school year.

Corporate Orders: Please contact the scrip coordinator or the Development office if you are interested in placing a corporate order of \$1000 or more. We would be happy to assist you with this.

OUR SCRIP COORDINATORS

Pam Barron is our parent volunteer SCRIP Coordinator. She can be reached at scrip@am-hs.org.



PARENT ASSOCIATION

PARENT ASSOCIATION PROGRAM

All AMHS parents / guardians are automatically part of our Parent Association. We hope you will join us for PA Meetings and get involved in PA volunteer opportunities.

- PA meetings help keep you connected throughout the school year.
- PA volunteers directly support the students and staff in carrying out our mission.

MISSION

To enrich students' lives through parents, teachers and community involvement.

GOAL

Build a strong community of parents / guardians working in partnership with AMHS staff.

WHAT ARE PARENT AMBASSADORS?

This year we are adding a new leadership role to the Parent Association – Parent Ambassadors. We are requesting two parents / guardians from each class (2024, 2025, 2026, 2027) to serve as Parent Ambassadors. Our Parent Ambassadors will take the lead on coordinating various activities throughout the year. They will also recruit, organize, and train additional parent / guardian volunteers to help out with these events. This is a great way to complete your parent hours and meet other parents.

IF YOU ARE INTERESTED IN SERVING AS A PA AMBASSADOR, PLEASE CONTACT US ASAP!

Here are some of the activities that our Parent Ambassadors will help lead:

- **Coordinate staff appreciation lunches for all faculty / staff 4 times / year.**
- **Foster relationships and build rapport with new AMHS families.**
- **Be the face of AMHS and help answer questions and connect with new families.**
- **Support events that bring together the community of students, families, faculty and staff:**
 1. Curriculum Night - Sept.
 2. Harvest Lunch for faculty and staff - October
 3. Admissions Open House - November and February
 4. Wildcat winter treats for students - December
 5. Catholic Schools Week - February
 6. New Family Course Registration - March
 7. Teacher Appreciation Week - May
 8. Baccalaureate Mass - End of May
 9. Otter pops for final exam week - June

WHEN ARE THE PARENT ASSOCIATION MEETINGS?

Prior to the start of school, Principal Alicia Mitchell will send out a complete schedule of Parent Association meetings for the year. We will be returning to fully in-person Parent Association meetings this year and occasionally, hold these meetings in conjunction with other important information sessions and events already occurring on campus. Throughout the year, we will also be alternating morning and evening meetings to accommodate a variety of schedules.



PARENT ASSOCIATION

We hope this new format helps maximize your time on campus, while allowing us the valuable opportunity of partnering as a parent / guardian and staff community. Principal Mitchell also plans to send a summary of any important topics discussed in the Monday Announce for those who are unable to attend.

Please contact Denise Jannusch in the Development Office or Marie Fahey if you are interested in getting involved with this fun group of parents.

Denise Jannusch - Development Manager, djannusch@am-hs.org

Marie Fahey - Assistant to the Principal, mfahey@am-hs.org

Alicia Mitchell - Principal, amitchell@am-hs.org

Sherrie Wilson - Parent Ambassador President, papresident@am-hs.org

TENTATIVE PARENT ASSOCIATION MEETING SCHEDULE:

**Principal Mitchell will send out a finalized schedule as we get closer to the start of school.*

September 6, 2023 – General PA Meeting 5:45-6:15 p.m., followed by Curriculum Night

October 4, 2023 – General PA Meeting 8:15-9:15 a.m.

November 1, 2023 – General PA Meeting 5:45-6:45 p.m.

January 10, 2024 – General PA Meeting 8:15-9:15 a.m.

February 7, 2024 – General PA Meeting 5:45-6:15 p.m., followed by Course Forecasting Night

March 13, 2024 – General PA Meeting 8:15-9:15 a.m.

May 1st or 22nd, 2024 – General PA Meeting 5:45-6:15 p.m., followed by College Info Night



PARENT INVOLVEMENT WITH FUNDRAISING ACTIVITIES

AMHS was started by a group of parents in 1988, and ever since then, parent involvement has been key to who we are as a school. Per the AMHS contract and the handbook, all families are required to contribute 20 volunteer hours per school year. This obligation can be met in the following ways.

- 1. Serving the 20 volunteer hours** or contributing goods of equal value (20 hours = \$400). Volunteer hours and approved donations can be found in Sign-up Genius. Any donations and/ or volunteer hours outside of those in Sign-up Genius need prior approval from the Development office. Requests for volunteer hours and goods are in the weekly AMHS Announce.

Since we are going paperless, all service hours and contributions of goods will be recorded electronically on Sign-Up Genius. Here is how it works:

- Go to Sign-Up Genius for volunteer opportunities: www.signupgenius.com. You can also go to our website under parent resources and click on the AMHS Sign-up Genius link. You may need to create a login and password. Don't forget to save it as a favorite.
- Review the volunteer opportunities across the many areas of the school by clicking [HERE](#).
- When signing up be sure to include your phone number and email address.
- Sign-up Genius will automatically send you a reminder two days prior to your scheduled time.
- Only hours submitted in the sign-up genius will be recorded as volunteer hours.
- Please use the AMHS Sign-up Genius system initiated by the school to record volunteer hours. Outside and/or separate parent sign-up opportunities are not valid.

- 2. Auction Donations:** Donating or procuring items for the annual DREAM auction/STAR event count towards this obligation. Please Note: Your purchases at the auction do not count toward your family obligation.

- 3. SCRIP Participation:** Through our SCRIP Program, families can purchase gift cards at full face value and use them for everyday shopping. AMHS pays for these cards at a reduced cost, generally between 90-98% of the face value, and the difference is the rebate given back to the school. The kickback percentage will count toward your family obligation. Visit the AMHS website or www.shopwithscrip.com. You can also have cards shipped directly to you by using the RightRaise app.

- 4. School Wish List:** Check the school wish list page on Sign-Up Genius. There may be item(s) you would like to purchase and donate to the school.

- 5. Buy Out:** Families can opt to buy out all or part of this obligation at \$20 per hour (20 hours x \$20 = \$400).

REPORTING HOURS

All service hours and contributions of goods need to be recorded electronically in SignUp Genius or it will not be counted. Here is how it works:

- 1.** Go to SignUp Genius for volunteer opportunities: [SignUpGenius](#). You may need to create a login and password. Don't forget to save it as a favorite.
- 2.** Review the volunteer opportunities across the many areas of the school.
- 3.** When signing up be sure to include your phone number and email address.



ATHLETIC NEWS

This info sheet will answer many questions you have about athletics at AMHS. Please call or email us if we can help or provide you with additional information.

Q: IN WHAT LEAGUE DOES AMHS PLAY?

AMHS will compete in the WESCO 2A/3A league for all sports except football. Football will compete in the Northwest Conference Sky Division.

WESCO 2A/3A SCHOOLS

AMHS	Everett	Meadowdale	Shorewood
Arlington	Lynnwood	Mountlake Terrace	Stanwood
Cedarcrest	Marysville-Getchell	Oak Harbor	Snohomish
Edmonds-Woodway	Marysville-Pilchuck	Shorecrest	

NORTHWEST CONFERENCE 2A

AMHS	Cedarcrest	Sehome
Anacortes	Lakewood	Squalicum
Bellingham	Lynden	
Burlington Edison	Sedro Woolley	

Q: WHY DOES FOOTBALL PLAY IN A DIFFERENT LEAGUE?

WESCO partnered with the Northwest conference to form 2 Football specific divisions for all WESCO and Northwest Conference 2A member schools. This was done with the intent to establish competitive balance.

Q: WHAT SPORTS CAN I PLAY?

Sports available at AMHS are listed below. Varsity and JV squads are available for most sports. We also have "C" (freshman) teams in some sports (**Note: The WIAA does not allow a student to participate in two sports during the same season.**)

FALL

Football begins 8/16/23; all other fall sports begin 8/21/23

Football
Cheer
Cross Country
Boys Tennis
Girls Soccer
Girls Swimming
Girls Volleyball

WINTER

Begins 11/13/23

Girls Basketball
Wrestling
Boys Basketball
Boys Swimming
Cheer

SPRING

Begins 2/26/24

Boys Baseball
Track
Girls Tennis
Boys Soccer
Boys Lacrosse
Girls Golf
Girls Softball
Boys Golf

Q: WHEN CAN I MEET THE COACHES?

Each coach will have a pre-season parents meeting at the start of the season. If you would like to get in touch with a coach, here is a list of their email addresses:

FOOTBALL:

Head Coach Joe Cronin
jcronin@am-hs.org

BOYS TENNIS:

Head Coach Kathy Kenny
kkenny@am-hs.org

GIRLS FASTPITCH SOFTBALL:

Head Coach: Jeff Latta
jlatta@am-hs.org

BOYS AND GIRLS SOCCER:

Head Coach Mike Bartley
mbartley@am-hs.org

CHEER:

Head Coach Autumn Long
along@am-hs.org

BOYS GOLF:

Head Coach Mike Leonen
mikeleonen@gmail.com

GIRLS VOLLEYBALL:

Head Coach Allie Sinex
asinex@am-hs.org

GIRLS BASKETBALL:

Head Coach Ebany Herd
eherd@am-hs.org

GIRLS GOLF:

Head Coach Alix Ericksen
aericksen@am-hs.org

CROSS COUNTRY & TRACK:

Head Coach Paul Turner
paul.turner@am-hs.org
pautur2000@yahoo.com

BOYS BASKETBALL:

Head Coach Joe Hardy
jhardy@am-hs.org

GIRLS TENNIS:

Head Coach Michael Taylor
mtaylor@am-hs.org

BOYS & GIRLS SWIMMING:

Head Coach David Whitmore
dwhitmore@am-hs.org

WRESTLING:

Head Coach Joe Montellano
jmontellano@am-hs.org

BOYS LACROSSE:

Head Coach: Matthew Schwartz & Justin Lewandowski
matschwartz95@gmail.com

BOYS BASEBALL:

Head Coach Zander Clouse
zclouse@am-hs.org

Q: HOW CAN I SIGN UP AND IS THERE A FEE?

1. To sign-up for athletics you will need to create a FinalForms account by clicking [HERE](#).
 - Once you have created an account, please email Jeff Latta at jlatta@am-hs.org if your student has not been issued an AMHS email yet.
2. There is a fee of \$250 to participate in football and a fee of \$200 for all other sports.

Q: WHAT PAPERWORK DO I NEED TO FILL OUT?

1. All required athletic forms will be located in your FinalForms account that you and your student-athlete will need to create.
2. Physicals are valid for 24 months from the date of the exam and are kept on file in the athletic office until they expire. Please do not wait until the last minute to complete your registration. **Missing forms will prohibit student athletes from participating.**

Q: HOW DO I GET GAME OR PRACTICE INFORMATION?

The Athletics page of the AMHS website, and the school calendar, are updated frequently with schedules, directions to events, coaches' contact information, and other information you will need.

www.wescoathletics.com is also a great source of information. You can subscribe to receive updated schedule changes and information.

Please feel free to contact the Athletic Department with questions using the following contact information:

Jeff Latta, Athletic Director, jlatta@am-hs.org

Olivia Bosen, Administrative Assistant, obosen@am-hs.org

12911 39th Ave SE • Everett, WA 98208

Main Office: (425) 379-6363

www.am-hs.org



SEASON TICKETS

WHAT IT MEANS TO BE A SEASON TICKET HOLDER?

We are a group of parents and supporters that are committed to providing an outstanding athletic experience for all our athletes. If you have a son or daughter playing sports at AMHS, join the club and help support their teams!

2023 – 2024 SEASON TICKET HOLDER LEVELS:		
1 PASS - \$150 1 pass to all AMHS athletic events	2 PASSES - \$275 2 passes to all AMHS athletic events	EACH ADDITIONAL PASS - \$100 Additional passes to all AMHS athletic events

GATE ADMISSIONS

Admission is charged at all home games **for volleyball, football, girls & boys soccer, girls & boys basketball and wrestling.**



2023 – 2024 ATHLETIC SEASON TICKET HOLDER REGISTRATION

I would like to join the following membership level (check one):

1 Pass (\$150)
 2 Passes (\$275)
 Additional Pass (\$100) - Quantity: _____

PLEASE PRINT

I would like my donation to go towards the following sport(s): _____

Names (To appear on membership card): _____

Address: _____

City/State/Zip: _____

Preferred Phone: _____

Pay by **CHECK**

Checks payable to **AMHS Season Ticket Holder**

Pay by **Credit Card** Mastercard Visa Discover Amex

Card Number

CVV

Signature: _____

Expiration Date

MM YY

Return form with payment to:

Archbishop Murphy High School
12911 39th Ave SE
Everett, WA 98208

FINE ARTS COUNCIL

The goal of the Fine Arts Council is to support the Arts programs at Archbishop Murphy High School, to offer opportunities for all students to develop artistically, and for parents to participate in and encourage the artistic enrichment of the AMHS community.



ACADEMIC COURSES

Ceramics
Chamber Choir
Choral-Aires
Concert Band
Concert Choir
Drama
Graphic Arts
Guitar Class
Jazz Ensemble
Orchestra
Painting/Drawing
Piano Workshop

ANNUAL EVENTS

Art Show
Christmas Concert/Play
Festival of Catholic High School Choirs
Fifth Avenue Theatre Awards
Liturgies
Original Movie
Performing Arts Awards Potluck
Solo and Ensemble Competition
Spring Concert
Spring Musical
Wildcat Band
Production for the Stage

JOIN US for our First FAC meeting on Tuesday, September 12th, 2023 at 7pm at AMHS. Come learn more, meet other families, and enjoy some refreshments.





YEARBOOK INFORMATION FOR SENIORS AND SENIOR PARENTS

PORTRAITS AND QUOTES

Portraits and quotes are due **BEFORE October 13, 2023.**

Senior portraits should contain the following:

Head and shoulder shots only. No full body, no props. Photos must be vertical.

Photos should be of high quality/resolution at 300 dpi.

Photos should be uploaded to our private image share link which will become available in September.

You will need to digitally upload your portrait. The link will be posted on campus and emailed out in September.

Senior quote should be:

Respectful and school appropriate, have the correct author or "Unknown," and be no more than 300 characters in length. **Please fill out the survey posted throughout campus and in the Scratching Post.**

SENIOR RECOGNITION ADS

Senior ads are published in the back of the AMHS Yearbook each year. These are not advertisements, but rather congratulatory notes from families to their graduates. Ads may be ordered in ½ or ¼ page sizes. In an effort to get our book planned out and organized we ask that you submit these ads as early as possible! As an incentive, the earlier you buy an ad, the cheaper it will be!

This year we are continuing our advertising online. By visiting www.JostensAdService.com you can design the ad yourself and create a custom note for your senior. Designing your ad online gives you access to hundreds of templates, examples, fonts, and graphics. Take a look at your student's book from last year or stop by the library to see ads from yearbooks past. Feel free to reach out to Shea Meehan (yearbook

SIZE	Submit text, photo & payment by Nov. 17	Submit text, photo & payment by Dec. 15	Submit text, photo & payment by Feb. 2
½ Page	\$250.00	\$350.00	\$450.00
¼ Page	\$125.00	\$225.00	\$325.00

***Ads will not be placed in the yearbook until payment is collected**

Shea Meehan, Yearbook Adviser

smeehan@am-hs.org



WHO TO CONTACT

NEED HELP WITH	CONTACT	EMAIL/PHONE
Absences, Attendance, and Tardies	Gianna Rule , Student Services	attendance@am-hs.org
ACT Test	Register online at ACT.org	
Activities and Clubs	Sarah Pedersen , Dean of Students	spedersen@am-hs.org
Address Changes	Nicole Thompson , Registrar	nthompson@am-hs.org
Admissions Office	Jana James , Director of Admissions Nicole Thompson , Admissions Associate/Registrar	admissions@am-hs.org (425) 332-3036
Alumni	Development Office	development@am-hs.org
Advanced Placement (AP) Classes/Testing	John Matusak , Vice Principal	jmatusak@am-hs.org
Academic Resources Center	Danielle Appleby , Director of ARC	dappleby@am-hs.org
Annual Fund	Development Office	development@am-hs.org
Athletic Events, Times, Cancellations	Athletic Office	athletics@am-hs.org (425) 385-3464
Athletic Staff	Jeff Latta , Athletic Director Olivia Bensen , Athletic Administrative Assistant	jlatta@am-hs.org obonsen@am-hs.org (425) 385-3464
Auction	Development Office	development@am-hs.org
Bus Service	Athletic Office	athletics@am-hs.org (425) 385-3464
Business Office	Joan Ritter , Controller/HR Manager Cathy Meehan , Accounts Payable Roberta Ryan , Assistant to the Controller Samantha Morales , Office Manager, Assistant to the HR Manager	jritter@am-hs.org cmeehan@am-hs.org rryan@am-hs.org smorales@am-hs.org
Calendar	Sarah Pedersen , Dean of Students	spedersen@am-hs.org



WHO TO CONTACT

NEED HELP WITH	CONTACT	EMAIL/PHONE
Calendar (Online) am-hs.org/calendar	Cathy Meehan , Accounts Payable	cmeehan@am-hs.org
Canvas Student Passwords	Jon Echols	jechols@am-hs.org
Counselors Guidance and College	Allie Sinex : A-E Shannon Hippe : F-K Brad Serka : L-P Dane Stringfellow : Q-Z	asinex@am-hs.org shippe@am-hs.org bserka@am-hs.org dstringfellow@am-hs.org
Course Catalog	Allie Sinex Shannon Hippe Brad Serka Dane Stringfellow	asinex@am-hs.org shippe@am-hs.org bserka@am-hs.org dstringfellow@am-hs.org
Community Service	Anna Hogenson , Campus Ministry Elianna Lucas , Campus Ministry	campusministry@am-hs.org
DECA Store: Grace Hall Cafeteria/Room 405	Angela Stone , Business Pathways Director	astone@am-hs.org
Development Office	Denise Jannusch , Development Manager/Special Events	development@am-hs.org
Discipline, Detention	Sarah Pedersen , Dean of Students	spedersen@am-hs.org
Drama, Choir, Band, and Spring Musical	Carrie Wright : Drama/Choir Keith Curtis : Band	cwright@am-hs.org kcurtis@am-hs.org
Dress Code	Sarah Pedersen , Dean of Students	spedersen@am-hs.org
Educational Evaluations	John Matusak , Vice Principal	jmatusak@am-hs.org
Facility Use	Athletic Office	athletics@am-hs.org
Facility/Campus	Cameron Hollenbeck , Facility Director	chollenbeck@am-hs.org
Fines, Fees, Tuition, and Tuition Assistance	Roberta Ryan , Business Office	rryan@am-hs.org
Fundraising Events	Development Office	development@am-hs.org
Guest Pass for Dances	Sarah Pedersen , Dean of Students	spedersen@am-hs.org
Late Start Calendar	Sarah Pedersen , Dean of Students	spedersen@am-hs.org
Lockers	Gianna Rule , Student Services	grule@am-hs.org
Lunch Schedule	Red Day 1st Lunch: 11:00-11:30am 2nd Lunch: 12:35-1:05pm	Black Day 1st Lunch: 11:00-11:30am 2nd Lunch: 12:35-1:05pm



WHO TO CONTACT

NEED HELP WITH	CONTACT	EMAIL/PHONE
National Honor Society	Katie Campbell	kcampbell@am-hs.org
Parking	Gianna Rule , Student Services	grule@am-hs.org
Parent Association (PA)	Sherrie Wilson , PA President	papresident@am-hs.org
PowerSchool	Nicole Thompson , Registrar	nthompson@am-hs.org
PSAT/PLAN tests	John Matusak , Vice Principal	jmatusak@am-hs.org
Pre-Arranged Absence	Gianna Rule , Student Services	grule@am-hs.org
SAT Test: Register at collegeboard.com	Lisa Latta	llatta@am-hs.org
SAT Prep Classes	Matt Wright/Lisa Latta	llatta@am-hs.org
Schedule Change	Allie Sinex : A-E Shannon Hippe : F-K Brad Serka : L-P Dane Stringfellow : Q-Z	asinex@am-hs.org shippe@am-hs.org bserka@am-hs.org dstringfellow@am-hs.org
Shadow Visits/Prospective Students	Jana James , Director of Admissions Nicole Thompson , Admissions Associate/Registrar	admissions@am-hs.org
SCRIP Enrollment Code: 26948D954966	Development Office	scrip@am-hs.org
Student Accommodations	Danielle Appleby , Director of ARC	dappleby@am-hs.org
Textbooks MBS Direct	Cathy Meehan , Accounts Payable	cmeehan@am-hs.org
Transcripts	Nicole Thompson , Registrar	nthompson@am-hs.org
Volunteer Opportunities Sign-Up Genius	Denise Jannusch , Development Manager/Special Events Roberta Ryan, Assistant to the Controller	djannusch@am-hs.org rryan@am-hs.org
Website	Brittni Wallace , Communications Associate	bwallace@am-hs.org
Withdrawals	John Matusak , Vice Principal	jmatusak@am-hs.org
Wellness	Jordan James , Director of Sports Performance and Wellness	jjames@am-hs.org